

CLEVELAND INNER CITY BOXING CLUB

NEW BOXER PACKAGE



DATE: _____

BOXER NAME: _____ AGE: _____ DOB: _____

HEIGHT: _____ WEIGHT: _____ YRS BOXING: _____ WON: _____ LOST: _____

PASSBOOK NUMBER (IF APPLICABLE): _____

ADDRESS: _____

CELL PHONE #: _____ E-MAIL: _____

MOTHERS NAME: _____

ADDRESS: _____

CELL PHONE #: _____ E-MAIL: _____

FATHERS NAME: _____

ADDRESS: _____

CELL PHONE #: _____ E-MAIL: _____

Every new boxer must complete a 30-minute orientation within his or her first month in the program. A CICBC representative will contact the registered guardian(s) to schedule.

CLEVELAND INNER CITY BOXING CLUB

INFORMED CONSENT, RELEASE AGREEMENT AND AUTHORIZATION

I understand that participation in the Cleveland Inner City Boxing Club activities involves the risk of personal injury, including death, due to the physical, mental and emotional challenges in the activities offered. I also understand that participation in these activities is entirely voluntary and requires participants to follow instruction and abide by all applicable rules and the standards of conduct.

In case of emergency involving me or my child, I understand that efforts will be made to contact the individual listed as the emergency contact person by the medical provider and/or the coach. In the event that this person cannot be reached permission is hereby given to the medical provider selected by the coach to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for me or my child. Medical providers are authorized to disclose protected health information to the coach, and/or any physician or health-care provider involved in providing medical care to the participant. Protected Health Information/Confidential Health Information (PHI/CHI) under the Standard for Privacy of individually identifiable Health Information, 45 C.F.R. §§160.103, 164.501, etc. seq. as amended from time to time, includes examination findings, test results and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the Cleveland Inner City Boxing Club.

I have carefully considered the risk involved and hereby give my informed consent for my child to participate in all activities offered through the Cleveland Inner City Boxing Club. I further authorize the sharing of information on this form with any CICBC volunteers or professional who need to know of medical conditions that may require special consideration in CICBC activities.

With appreciation of the dangers and risks associated with programs and activities of the Cleveland Inner City Boxing Club, on my own behalf and/or on behalf of my child, I hereby fully and completely release and waive any and all claims for personal injury, death, or loss that may arise against the Cleveland Inner City Boxing Club, the Board of Directors, all employees, volunteers, related parties or other organization associated with the Cleveland Inner City Boxing Club.

I also hereby assign and grant to the Cleveland Inner City Boxing Club, as well as their authorized representatives, the right and permission to use and publish the photographs/film/video/electronic representations and/or sound recordings made of me or my child at all Cleveland Inner City Boxing activities and I hereby release the Cleveland Inner City Boxing Club, the Board of Directors, its employees, volunteers, related parties or other organization associated with the Cleveland Inner City Boxing Club from any and all liability from such use and publication. I further authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage, and or distribution of said photographs/film/video/electronic representations and or sound recordings without limitation at the the discretion of the Cleveland Inner City Boxing Club and I specifically waive any right to any compensation I may have for any other the foregoing.

NOTE: Due to the nature of its activities, the Cleveland Inner City Boxing Club, cannot continually monitor compliance of program participants or any limitations imposed upon them by parents or medical providers. However, so that coaches and volunteers can be as familiar as possible with any limitations, list any restriction imposed or a child participant in connection with the Cleveland Inner City Boxing Program activities. List participant restrictions in any: _____

Participant's signature _____ Date: _____

Parent/Guardian signature for youth: _____ Date: _____

Adults Authorized to Take to and From Events: You must designate at least one adult. Please include telephone number:

Name _____ Phone: _____

CLEVELAND INNER CITY BOXING CLUB

Health History Questionnaire

Name _____ Phone: _____

Name: _____ Age: _____

Date of Birth: _____ Gender: M / F

Medical Information

Do you have any allergies? Yes/No

Please describe:

Which of the following illness have you had? Please circle all that apply: Appendicitis, Rheumatic Fever, Mumps, Scarlet Fever, Chicken Pox, Heart Condition, Measles, Kidney Disease,

Other: Please Describe: _____

Are you subject to any of the following? Please circle all that apply: Asthma, HIV, Cramps, Convulsions, Diabetes, Hernia, Headaches, Ear Problems, Wear contact lenses, Fainting Spells, Motion Sickness, Bleeding Disorders, Back problems,

Other: Please Describe: _____

Women only Are you pregnant? Yes/No

Please describe any medication that you are currently taking and their purpose

List any injuries/illnesses you may have experience or limitation you may have due to specific health problems. (ex. arthritis, asthma, thyroid, major surgeries, diabetes, back pain, etc.)

What treatments have you or are you receiving for any of the above?

How would you describe your present fitness level: Please circle Excellent/Good/Fair/Poor

Additional comments:

CLEVELAND INNER CITY BOXING CLUB

INTRODUCTION

Started as a vehicle to steer inner-city youth of Cleveland from drugs and street violence by Coach Fred Wilson, the Cleveland Inner City Boxing Club seeks to keep youth of Cleveland on a positive path.

The Cleveland Inner City Boxing Club teaches its members discipline, respect, health and physical conditioning in a structured environment. But more importantly, the Club works closely with youth to provide positive role models.

Under the guidance of Coach Fred Wilson, youth learn the fundamentals and principles of Olympic-style boxing providing members with self-confidence, character development, friendship and the skills to achieve competitive excellence.

The Cleveland Inner City Boxing Club supports U.S.A. Boxing and competes in local, state, regional and national competitions.

Our Vision

To empower and improve the quality of life for the youth in the City of Cleveland.

Our Mission

The Cleveland Inner City Boxing Club is a nonprofit organization located in Cleveland, Ohio that seeks to help the young men and women become outstanding citizens of our city. Our goal is provide youth with a place where they can participate in physical fitness while learning the sport of boxing at no cost.

Coach Fred Wilson

In 2001, Fairfax resident Coach Fred Wilson opened a boxing club in the Fairfax neighborhood and invited any youth who were interested to join him. With his own time and from his own pocket, Coach Fred has worked diligently to keep the “The 216” open. He takes club members to tournaments and provides on-going support. He has spent countless hours being a mentor to the youth in the Fairfax neighborhood and his dedication and support has inspired many to work hard and accomplished their dreams.

CLEVELAND INNER CITY BOXING CLUB

Code of Conduct

In order to better serve the interests of those who participate in boxing, the CICBC has adopted the following Code of Conduct. The Code of Conduct provides guidelines of ethics, standards and conduct to ensure the quality, integrity and moral environment of the CICBC.

Each CICBC coach has demonstrated professional competence via the USA Boxing Coaches Certification program.

All CICBC coaches adhere to the USA Boxing Coaches Code of Conduct and undergo criminal background checks through both USA Boxing and/or the City of Cleveland.

All volunteers with the CICBC undergo criminal background checks with the City of Cleveland.

The CICBC's grant the privilege of membership to individuals committed to these ideals. The CICBC may withdraw membership at any time and for any reason, including if the Board of Directors determine that a member's conduct violates the Code of Conduct.

The Code of Conduct alone cannot assure ethical conduct by the participants of the CICBC, that can only come from the personal commitment of those who chose to be involved in the CICBC.

The Code of Conduct seeks to guide and affirm the will of the CICBC to safeguard the best interests of boxing by requiring proper ethical conduct at all times.

CLEVELAND INNER CITY BOXING CLUB

BOXER'S CODE OF CONDUCT

- I pledge to be positive throughout my boxing experience and accept responsibility for my participation by following this Boxer's Code of Conduct.
- I will act in a manner consistent with the spirit of fair play and responsible conduct.
- I will not engage in, nor tolerate, any form of verbal, physical, or sexual abuse.
- I will respect the property of others.
- I will encourage good sportsmanship from fellow boxers, coaches, officials, and parents at every boxing event by demonstrating good sportsmanship. I will treat my coaches, fellow boxers, officials, and fans with respect regardless of race, sex, creed, or abilities.
- I will refrain from illegal or inappropriate behavior that would detract from a positive image of me or the Cleveland Inner City Boxing Club and USA Boxing
- I will participate in every match to which I have committed. In the event of an emergency only, I will notify my coach if I cannot participate.
- I will do my very best to listen and learn from my coaches. I will recognize, respect and adhere to the authority of appointed coaches.
- I deserve to box in an environment that is free of drugs, tobacco, alcohol, and profanity and expect adults to refrain from their use at all boxing activities. I will refrain from the use of drugs, tobacco, alcohol, and profanity.
- I will encourage my parents to be involved with my boxing activities in some capacity because it is important to me.
- I will do my best in school.
- I will remember that sports are an opportunity to learn and have fun.
- I will abide by the policies and rules established by the Cleveland Inner City Boxing Club and USA Boxing.

CLEVELAND INNER CITY BOXING CLUB

PARENT'S CODE OF CONDUCT

- I hereby pledge to provide positive support and encouragement for my child participating in amateur boxing by following this Parent's Code of Conduct.
- I pledge to volunteer and assist the CICBC to extent of my ability in both operational activities and fundraising and to be actively engaged in my child's activities with with Club.
- I will encourage good sportsmanship by demonstrating positive support for all boxers, coaches, and officials at every match, practice, or other boxing event.
- I will place the emotional and physical well-being of my child ahead of a personal desire to win.
- I will insist that my child box in a safe and healthy environment.
- I will support coaches, officials, and any member of the Cleveland Inner City Boxing Club working with my child in order to encourage a positive and enjoyable experience for all.
- I will expect a sports environment for my child that is free of drugs, tobacco, alcohol, and inappropriate language and will refrain from their use at all boxing events.
- I will remember that the sport is for amateur boxers – not for parents.
- I will do my very best to make boxing fun for my child.
- I will ask my child to treat other boxers, coaches, fans, and officials with respect regardless of race, sex, creed, or ability.
- I promise to help my child enjoy the boxing experience by doing whatever I can to be supportive, such as being a respectable fan as well as provide .

CLEVELAND INNER CITY BOXING CLUB

Code of Conduct acknowledgement Page

In the event a boxer, coach or parent violates the Code of Conduct of the Cleveland Inner City Boxing Club the following consequences will occur:

- Probation: A warning and stipulated period of time where boxing activities may be monitored.
- Suspension: A stipulated or indefinite period of time when ALL boxing activities in any capacity are prohibited.
- Withdrawal of Membership: Privilege of membership in the Cleveland Inner City Boxing Club will be withdrawn.

Once a decision has been reached and served in writing on any person, that person has five (5) days in which to file an appeal in writing with the Board of Directors of the Cleveland Inner City Boxing Club.

I have read and received a copy of the Cleveland Inner City Boxing Club Code of Conduct and agree to abide by the Code of Conduct and I accept the above consequences in the event I or my child violate the Code of Conduct.

Print Name of Boxer: _____

Signature of Boxer: _____

Print Name of Parent: _____

Signature of Parent: _____

CLEVELAND INNER CITY BOXING CLUB

BOXING GYM RULES

- Every participant must sign in before participating in a CICBC practice.
- **Every participant must have an Amateur Boxing License by January 1st of every year – MUST APPLY ONLINE**
at:[www.https://webpoint.usaboxing.org/wp/Memberships/Join.wp](https://webpoint.usaboxing.org/wp/Memberships/Join.wp)
- All amateur and professional boxers must complete and sign all forms, code of conduct, and all waivers before participation in CICBC program.
- No access to boxing gym without coaches – NO EXCEPTIONS.
- All boxers must run, exercise, shadowbox prior to sparring, pad or bag work
- Everyone must wear their pants, trunks, sweats at their waist – NO UNDERWEAR SHOWING.
- All boxers must wear approved equipment including mouthpiece, headgear and protective cups when sparring.
- Boxer must respect and follow all facility/building rules.
- Do not disrespect or argue with Coaches or facility staff.
- No loud music. It must be appropriate and at a level to be able to hear instructions.
- Do not leave any clothing in gym or hanging on exercise equipment.
- Hygiene is important – shower daily and wear clean workout clothes.
- Keep the gym clean; take care of equipment.
- Show up on time for training sessions.
- Must launder hand wraps and workout clothes.
- Only CICBC coaches will be permitted to work with boxers.
- Do not loiter in the lobby or outside the building
- Any participants under 9 years of age must be under the supervision of the parent – NO EXCEPTIONS.
- All boxers must maintain a 2.5 GPA in school.

CLEVELAND INNER CITY BOXING CLUB

CONTACTS

Head Coach: Fred Wilson,
coachfredwilson@yahoo.com
Phone: (216) 926-7512

Assistant Coach: Kevin Huff
kevinhuffsr@gmail.com
(216) 400-4974

The CICBC works out at the Fairfax Recreation Center, 2335 East 82nd Street,
Phone: (216) 664-4142

Monday through Thursday from from 5:30 p.m. to 7:30 p.m.

The CICBC Board of Directors meets on the 2nd Tuesday of each month at 5:00 p.m. in the Office of the Fairfax Renaissance Development Corporation located at 8111 Quincy Ave.

See the story of the Cleveland Inner City Boxing Club at vimeo.com/41682388

Please like us on Facebook at www.facebook.com/Team216